

Canoeing DofE Expedition Training

Information Pack



adventure.notts-scouts.org.uk
[#SkillsForLife](https://twitter.com/SkillsForLife)

Version 1.0



Scouts
Nottinghamshire

Overview

Looking to participate in a DofE expedition by canoe but need canoe and expedition skills training? We're providing a 4-week crash course to upskill young people to be competent paddlers. We can also issue personal permits to young people ready for their expedition. Please note: This is a 4-week course, and participants must attend all 4 sessions.



Section

Explorers



Difficulty

Beginners &
Intermediates



Max Group Size

16 Participants



Duration

4 weeks

Arrival

All our canoeing DofE Expedition training sessions are delivered from the Hoveringham Activity Centre. Changing rooms and showers are located in the main building. All evening sessions start at 6.30pm, arrive at least 15 min early to get changed, sort kit etc

Departure

Evening sessions will be concluded by 8.30 pm.

Supervision

All groups on these sessions must be accompanied by leaders who have a valid DBS. The Nottinghamshire Scouts Adventure leaders will take responsibility for delivering the adventure element of the session; however, we expect the group leaders to be responsible for the pastoral care of their youth members before, during and after the sessions.

Consent

All participants must complete and hand in a consent form before activities commence. The health and consent form can be downloaded from our website: <https://adventure.notts-scouts.org.uk>

Equipment

For safety when participating in this session, please ensure you bring with you:

- Clothing suitable for getting wet
- Waterproof top
- Suitable footwear (old trainers or wet shoes, no flip flops, or crocks)
- Dry clothes, towel etc. for after the activity

NB: All safety personal safety equipment will be provided as well as the canoes.

Food

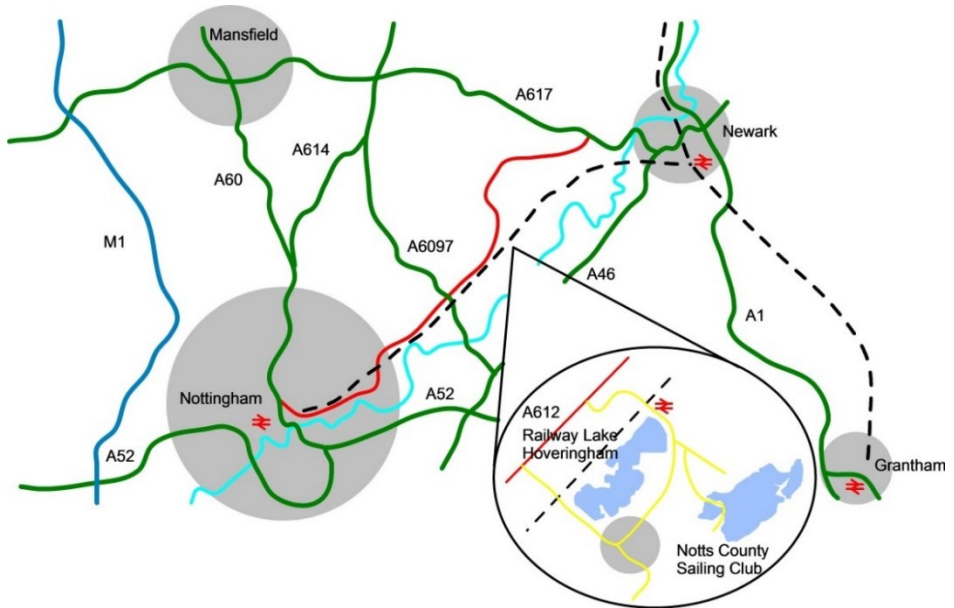
No food or drink is provided, so you should bring any snacks & drinks you may want with you for your session.

Venue Location

Hoveringham Activity Centre
Nottinghamshire Scouts Adventure
Thurgarton Lane
Hoveringham
NG14 7HL

What3Words

[///tens.refer.clubs](https://tens.refer.clubs)



There is easy access from the A46 via Lowdham. Please use the A612 (Southwell Road) and follow the sign marked 'Industrial Area' at the junction with Station Road. We are trying to minimise the effect of vehicle journeys to and from this location on the local communities by not travelling through the villages of Thurgarton and Hoveringham.

Road access to the centre is on the right after the level crossing at Thurgarton Railway Station.

Badge Requirements

By participating in this weekend, you should have completed the following badge requirements:

Explorers

Time on the Water Staged Activity Badge



Complete a session on the water lasting around 2 to 3 hours
(x4)