

Rock Climbing & Hillwalking Day

Information Pack



adventure.notts-scouts.org.uk
#SkillsForLife

Version 1.0



Scouts
Nottinghamshire

Overview

Have you got a head for heights? Why not put yourself to the test on natural rock in the beautiful Peak District? A mixed activity day with half a day spent climbing and half a day exploring the beautiful countryside. For this activity we can accept groups of up to ten participants and two groups can be booked on each day.



Section

Scouts & Explorers



Difficulty

Beginners & Intermediates



Max Group Size

20 Participants
(2 groups of 10)



Duration

10am – 4pm

Arrival

Our sessions are 6 hours long, starting at 10am, and concluding by 4pm. You should aim to arrive at the venue in good time to meet the team who will be running your climbing session and be prepared to help carry the equipment to the crag.

Supervision

All groups on rock climbing & hillwalking sessions must be accompanied by leaders who have a valid DBS. The Nottinghamshire Scouts Adventure leaders will take responsibility for delivering the adventure element of the session; however, we expect the group leaders to be responsible for the pastoral care of their youth members before, during and after the sessions.

Consent

All participants must complete and hand in a consent form before activities commence. The health and consent form can be downloaded from our website: <https://adventure.notts-scouts.org.uk>

Equipment

Group members should come prepared for climbing and bring suitable clothing for the activity. Loose fitting clothing like tracksuit bottoms are ideal though the exposed nature of the locations, the chances of wind and wet weather, and the fact that rock climbing does involve spells of inactivity means that lots of warm clothing and waterproofs are essential. You should also bring a map (see venue detail for map number) and compass for the walking session

A suggested equipment list is below:

- Walking boots, trainers or climbing boots
- Warm outdoor clothing
- Hat & gloves
- Torch
- Flask
- Small Rucksack
- Waterproof Jacket & Trousers

NB: All climbing equipment will be provided.

Food

No food or drink is provided. You should bring a packed lunch for yourself and plenty of snacks to keep you going for the day. You might like to bring a flask of hot drink or soup.

Cancelation

Please be aware, that bad weather before or during the day may result in cancelation or curtailment.

Venue Location

Burbage Rocks

Please meet at:

Upper Burbage Rocks Car Park

Ringinglow Rd,

Hope Valley

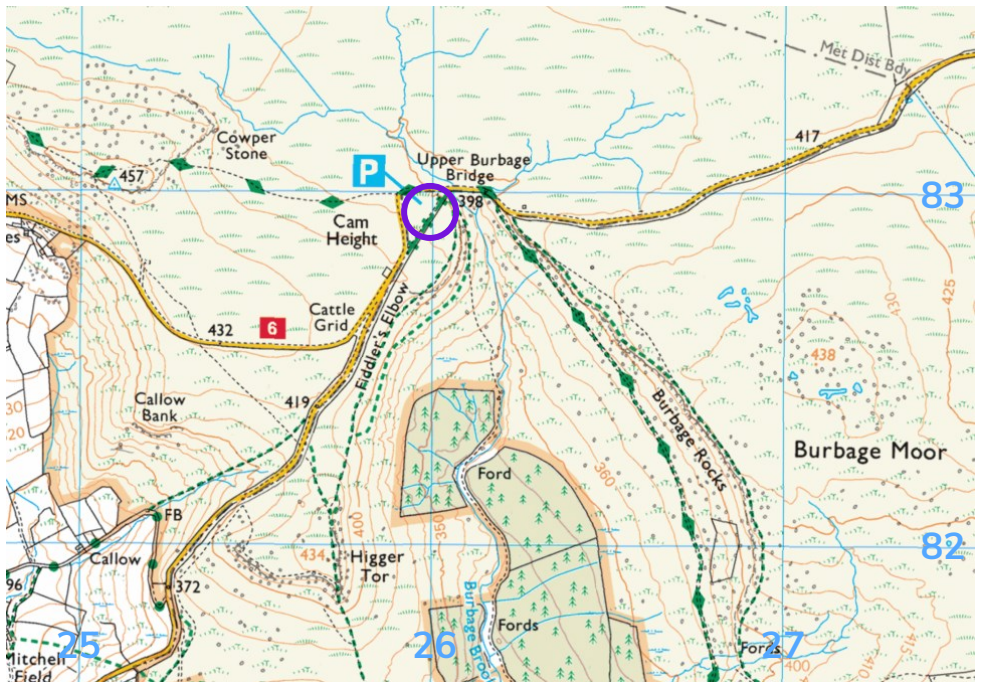
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What3Words

[///stocks.manage.bulb](https://www.what3words.com/stocks.manage.bulb)

Map: OL1 The Peak District - Dark Peak Area

Grid Reference: SK 260,829



Badge Requirements

By participating in this session, you should have completed the following badge requirements:

Scouts

Adventure Challenge Award



Take part in an adventurous activity.

Climber Activity Badge



TBC

Explorers

Climber Activity Badge



TBC

Scouts & Explorers

Hikes Away Staged Activity Badge



Take part in a hike involving at least four hours of activity