

Winter Walking Weekend

Information Pack



adventure.notts-scouts.org.uk
[#SkillsForLife](https://twitter.com/SkillsForLife)

Version 1.0



Scouts
Nottinghamshire

Overview

A weekend of hiking and exploring the snowy hills and mountains of the Lake District. You should expect the worst that the weather can throw at you and enjoy the experience that it can offer! After a day on the hills retreat to the indoor bunkhouse accommodation for a slap up meal.



Section

Scouts & Explorers



Difficulty

Beginners & Intermediates



Max Group Size

20 Participants



Duration

2 days

Arrival & Departure

You should aim to arrive at the venue during the Friday evening. The instructors will aim to be at the venue by 9.30pm. We aim to be away from the venue by 3.30pm on Sunday.

Travel Arrangements

Groups should arrange their own travel to the centre. More details on the centre location can be found under "Venue Location".

Supervision

All groups on winter walking weekends must be accompanied by leaders who have a valid DBS. The Nottinghamshire Scouts Adventure leaders will take responsibility for delivering the adventure element of the weekend; however, we expect the group leaders to be responsible for the pastoral care of their youth members for the duration of the weekend.

Consent

All participants must complete and hand in a consent form before activities commence. The health and consent form can be downloaded from our website: <https://adventure.notts-scouts.org.uk> . Forms must be returned to the centre at least two weeks before the date of your activity so that we can cater for special dietary requirements.

Entertainment

We normally provide some evening entertainments on the Saturday, this might be a quiz, hillwalking talks or a movie to watch.

Food

All food is provided, a snack Friday late on, breakfasts, packed lunches, and a good hot meal Saturday evening.

Please ensure you complete the dietary requirements section on the health & consent form which should be returned to the centre at least two weeks before the course.

Equipment

A suggested equipment list is provided below. Any specialist equipment required will be provided. For safety when participating in this session, please ensure you bring with you:

- Walking boots
- Warm outdoor clothing – No jeans
- Hat & gloves
- Waterproof Jacket & Trousers
- Map (OS Map OL5: The English Lakes North-eastern area)
- Compass
- Small Rucksack
- Torch
- Flask
- Indoor Clothing for the evenings
- Sleeping Bag

Venue Location

Langton Adventure Centre

Hayesdale Lodge

Hartsop,

Patterdale,

Cumbria

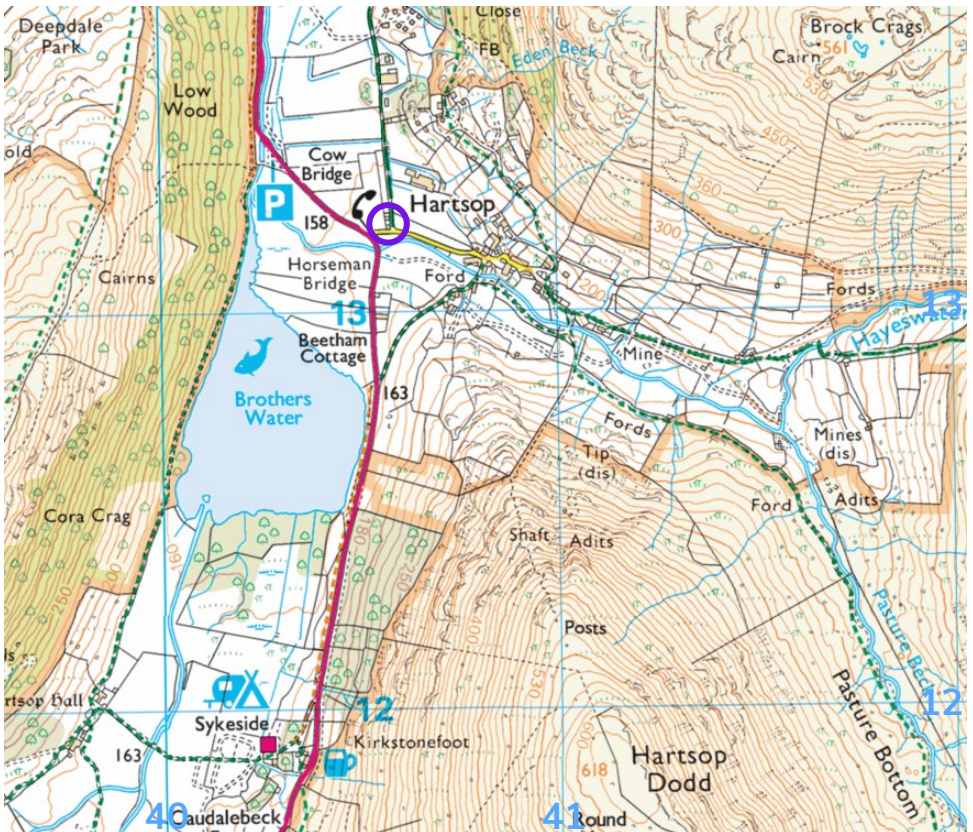
CA11 0NZ

What3Words

[///flats.shifts.opposites](https://www.what3words.com////flats.shifts.opposites)

Map: OL5 The English Lakes – North-eastern Area

Grid Reference: NY405132



Badge Requirements

By participating in this session, you should have completed the following badge requirements:

Scouts

Adventure Challenge Award



- Take part in an adventurous activity.

Scouts & Explorers

Hikes Away Staged Activity Badge



- Take part in a hike involving at least four hours of activity (x2)

Nights Away Staged Activity Badge: Stage 2



- Spend 2 nights away at Scouting activities

Navigator Staged Activity Badge: Stage 3



- Learn how to read a six-figure grid reference.
- Understand contour lines on an Ordnance Survey map.
- Using 1:50000 and 1:25000 scale Ordnance Survey maps show that you understand the meaning of scale.
- Follow and walk a route of at least 5km, using a map to navigate for at least part of the journey.
- Show you know how to dress appropriately and what kit you and your group will need.